

PRELIMINARY VIRTUAL CONFERENCE & WORKSHOP PROGRAM

FRIDAY 17TH MAY LIVE SESSIONS

ALL TIMES ARE BRITISH SUMMER TIME (GMT+1)

08.15 Welcome to botanica2024 opening session with Rhiannon LEWIS (FRANCE)

08.45 Thomas HUMMEL (GERMANY): "The consequences of olfactory dysfunction and the value of smell training"

09.45 Nicole BOUKHALIL (LEBANON): "Whispers of the Orange Blossom: A Journey through Lebanon's artisan hydrosol craftsmanship, honouring the Tradition Keepers and Cultural Transmitters"

10.45 Marco VALUSSI (ITALY): "More than juice and essential oil: Citruses as powerhouses of health-enhancing potential"

11.45 Ruta ALDONYTE (LITHUANIA): "Divergent nasal microbiome composition in aromatherapy specialists with a focus on possible and known roles of Citrus-derived compounds in human microbiome shaping."

13.45 Fiona HEDIGAN (IRELAND): Inhalation aromatherapy using citrus essential oils as a key component - Can it reduce stress and aid relaxation?

14.45 Benoit ROGER (CANADA): "Oxidation of Citrus oils: risks, detection and preservation"

15.45 Chanchal CABRERA (CANADA): "When Life Gives You Lemons... Make Lemonade !"

16.45 Devi PRASAD BHANDARI (NEPAL): "Constituents and Biological Activities of Citrus Essential Oil of Nepali origin: Advocating for further research and development for health & economic benefits"

17.45 Michael LEON (USA): "Enrichment with citrus and other natural odors improves memory in older adults"

18.45 Announcement and award of the René-Maurice Gattefossé International Prize for clinical aromatherapy

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SATURDAY 18TH MAY LIVE SESSIONS

ALL TIMES ARE BRITISH SUMMER TIME (GMT+1)

08.15 Welcome to botanica2024 with Rhiannon LEWIS (FRANCE)

08.45 Eva HEUBERGER (GERMANY): "Citrus oils in anxiety and depression: clinical effects and mechanisms of action"

09.45 Päivi Helena BLÖCHL (AUSTRIA): "Citrus oils – the perfect match to overcome Seasonal Affective Disorder in Finland?"

10.45 Claire ROBILLIARD (UK): "Enhancing Children's Wellbeing: Unlocking conversations with Orange"

11.45 Janet NIENHUIS (THE NETHERLANDS): "The use of citrus oils within Penitentiary Care in the Netherlands: A tailored Therapeutic Approach"

12.45 Caroline INGRAHAM (UK): "The potential benefits of lime oil for cats with liver failure"

13.45 Frauke GALIA (USA): "The Scent*Tattoo Project: The Significance of Citrus in People's Past"

14.45 Adriana NUNES WOLFFENBÜTTEL (Brazil): "Evidence Map of Aromatherapy Clinical Effectiveness of Citrus essential oils"

15.45 Marian REVEN (USA): "Bergamot (Citrus bergamia) and the Complexities of the Substance-Addicted Brain: A Clinical Trial Journey"

16.45 Maria APARECIDA DAS NEVES: "A Touch for Life: Combining Aromatic Touch and Citrus oils in a Brazilian Psychiatric Hospital"

18.00 CLOSE OF CONFERENCE DAY

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SUNDAY 19TH MAY LIVE WORKSHOP SESSIONS

ALL TIMES ARE BRITISH SUMMER TIME (GMT+1)

There are six workshops in total.

- All run concurrently and are open to PETITGRAIN and NEROLI conference registrants only.
- These masterclasses are destined to provide pragmatic guidance and solutions for practising therapists.
- All are 60 minutes duration +10 minutes live Q&A.
- Full workshop descriptors and learning points can be found on the botanica2024 website.

10.00 Jonathan BENAVIDES (THE NETHERLANDS): "Working with citrus oils in Infant-Juvenile psychology"

11.30 Jonathan HINDE (UK): "Understanding Marma Therapy: a gentle practice to rejuvenate and release blocked energy using touch, consciousness, and essential oils"

13.00 Madeleine KERKHOF (THE NETHERLANDS): "A deep dive into practical blending with plant extracts using a case example of an integrative approach to treat erysipelas"

14.30 Denise CUSACK (USA): "Practical Aromatherapy in Community Models - Serving the Underserved"

16.00 Chanchal CABRERA (CANADA): "Volatile oils in Cancer Care - practical strategies from 35 years of clinical practice"

17.30 Marju KIVI (PORTUGAL): "Artisanal enfleurage: Creating, using and enjoying your own neroli enfleurage pomade"

19.00 CLOSE OF CONFERENCE

ON-DEMAND LECTURE PROGRAM

VIEWABLE ANY TIME OVER THE CONFERENCE PERIOD

Sunita SINGH (INDIA): "The Potential of Citrus Essential Oils: Exploring their Role in Aromatherapy"

Helen NAGLE-SMITH (UK): "A Petitgrain by any other name"

Karen SWANEPOEL (SOUTH AFRICA): "The status quo of citrus oils and essential oils in South Africa"

Jennifer PRESSIMONE (USA): "Citrus Alchemy: Elevating Mindset, Cognition & Psychological Health"

Kayla FIORAVANTI (USA): "Citrus Formulations: The challenges and benefits of incorporating oils of the citrus genus into cosmetic preparations"

Jirbie GO (PHILIPPINES): "Philippines' Calamansi oil (*Citrus microcarpa*): Traditions and Therapeutics"

Gus LE BRETON (ZIMBABWE): "Vitamin C: From Citrus to Baobab...connecting the dots in biodiversity and healing"

Françoise COUIC-MARINIER (FRANCE): "Influence of the stereochemistry of aromatic molecules on the efficacy, odour and toxicity of an essential oil: a glimpse into the chemical world of Citrus"

Teresa BARRON (UK): "Giving a little zest to learning: Working with children with severe complex physical and learning needs"

Sanien DE BEER (SOUTH AFRICA): "When a Citrus is not a Citrus: exploring *Agathosma betulina* (Buchu) from the Rutaceae family"

Rafael OLIVEIRA DA SILVA (BRAZIL): "The role of Brazilian essential oils in gastrointestinal diseases: From Alecrim-pimenta to Copaiba and Sweet Orange"

Nina MEDVED (SLOVENIA): "Citrus in Perfumery: From early Eau de Colognes to Modern Accords"

Baraa ALMANSOUR (SYRIA): "Leveraging the healing potential of neroli hydrolate for coping with war and earthquake-induced stress, anxiety and depression".